

Evaluating Culturally Tailored Materials in a Diabetes Prevention



This project distributes and evaluates the effectiveness of the CDC Native Diabetes Wellness Program Eagle Book series. The Eagle Books teaches American Indian and Alaskan Native children about diabetes prevention and the importance of nutrition and exercise.

Reducing health disparities by
preventing or delaying diabetes in
American Indians and Alaskan
Natives.

“I liked when they said that, back
then, Indian people were really
healthy.”

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